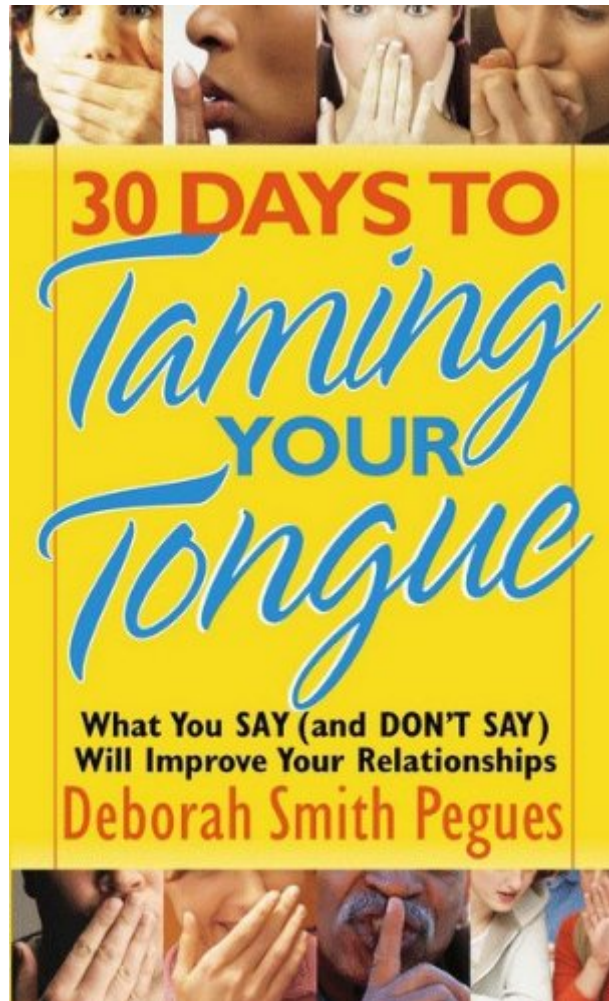




The book was found

30 Days To Taming Your Tongue



Synopsis

Certified behavioral consultant Deborah Pegues knows how the words we use either build-up or undermine our personal and professional relationships. Drawing from her popular book *30 Days to Taming Your Tongue* (more than 500,000 copies sold), Deborah shares effective ways to exchange destructive language for productive communication in this insight-packed DVD series. With humor and engaging personal stories, Deborah presents six biblically based, 30-minute sessions and shares how viewers can embrace a life-changing outlook, purpose, and faith when they release their: lying for a life of integrity criticism to encourage others gossip and use words of healing complaints to welcome contentment retaliation and allow forgiveness doubt to hold onto hope Deborah's soul-searching questions and practical tools motivate and encourage each person to invest in a good life by nurturing good fruit to flow from their heart, mind, and mouth. --This text refers to an alternate Kindle Edition edition.

Book Information

File Size: 354 KB

Print Length: 145 pages

Publisher: Harvest House Publishers (April 1, 2005)

Publication Date: April 1, 2005

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B003Z9KAEY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #100,074 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #37

in Â Â Books > Reference > Etiquette > Conversation #82 in Â Â Kindle Store > Kindle eBooks >

Religion & Spirituality > Christian Books & Bibles > Christian Living > Dating & Relationships #218

in Â Â Books > Reference > Words, Language & Grammar > Speech

Customer Reviews

Excellent analysis.

The Author does one thing, teaches with Love, Sincerity of common sense that people are not born knowing. I love how insightful, also wise is the application in life. It's in no manner dispensing advice. Rather giving you insights often overlooked in this world. I could personally relate to every topic in the table of contents. Everyone has either seen behavior like this or has experienced it up close and personal. After reading this book, now I'm mindful that words are choices we make daily to speak appropriately to others to build them up or say nothing at all. This book met more than my expectation. I appreciate you Debra for writing it.

I found me in this book and I committed to making a change

I want to thank Deborah personally. I bought this book before and read it. I am not sure what happened to it so I had to buy another. I love the book. It came in brand new condition. It really is so great to meditate on. Such a small book, but each chapter could take a week to reflect on. I love how she is upfront and biblically blunt. She doesn't beat around the bush, but gets right to the point. If you are looking to tame your tongue read this book! It helped me overcome so many issues and get at the heart of my tongue issues. This book helped me improve my relationship with my parents and friends. I am so so thankful for this book. I recommend it to everyone. There has to be at least one chapter that relates to you.

Plan to use this book for my personal detoxing!

Good too I. Addition to the bible. Read it daily especially in tough times I. Work and family life matters

use for bible study

excellent

[Download to continue reading...](#)

30 Days to Taming Your Tongue: What You Say (and Don't Say) Will Improve Your Relationships
30 Days to Taming Your Tongue Oceanography in the Tongue of the Ocean, Bahamas, B.W.I.: a report on oceanographic observations in the Tongue of the Ocean between Fresh Creek, Andros and the western end of New Providence Native Tongue (Native Tongue Trilogy) Taming Your Guts

A complete guide to functional gastrointestinal disorders (FGID) including Irritable Bowel Syndrome (IBS), Gastroesophageal Reflux (GERD), Gastritis, Roughage, Fiber, Food allergies, Constipation, Diarrhea, Diverticulosis Taming Wildflowers: Bringing the Beauty and Splendor of Nature's Blooms into Your Own Backyard Taming Your Mind Taming Your Outer Child: Overcoming Self-Sabotage and Healing from Abandonment Watch Your Mouth: Understanding the Power of the Tongue Reader's Digest Illustrated Reverse Dictionary: Find the Words at the Tip of Your Tongue Venice in 3 Days (Travel Guide 2017): A Perfect Plan on How to Enjoy 3 Amazing Days in Venice, Italy: A Guide Book with:3 Days Itinerary,Google Maps,Food Guide,+ 20 Local Secrets to Save Time & Money Madison Wisconsin in 3 Days (Travel Guide 2015): A Perfect Plan with the Best Things to Do in Madison Wisconsin in 3 Days: Get a Detailed Itinerary and ... 3 Amazing Days in Madison,WI.Save Time & \$ Taming Teddy: Made Marian Series Book 2 Taming the Beast: A Guide to Conquering Fibromyalgia Classic BBC Radio Shakespeare: Comedies: The Taming of the Shrew; A Midsummer Night's Dream; Twelfth Night The Taming of the Queen (The Plantagenet and Tudor Novels) The Taming of the Shrew (Arkangel Shakespeare - Fully Dramatized) (Arkangel Complete Shakespeare) The Taming of the Shrew (Arkangel Complete Shakespeare) Shakespeare for Children: A Midsummer Night's Dream, The Taming of the Shrew The Taming of the Queen

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)